

# Educate-Yourself

*The Freedom of Knowledge, The Power of Thought*

## Forbidden Cures

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## Introduction & Overview

There are a number of alternative healing therapies that work so well and cost so little (compared to conventional treatment), that **Organized Medicine**, the **Food & Drug Administration**, and their overlords in the **Pharmaceutical Industry** would rather the public not know about them. The reason is obvious: Alternative, non-toxic therapies represent a potential loss of billions of dollars to allopathic (drug) medicine and drug companies.

The Big Three have collectively engaged in a **medical conspiracy** for the better part of 70 years to influence legislative bodies on both the state and federal level *to create regulations that promote the use of drug medicine while simultaneously creating restrictive, controlling mechanisms* (licencing, government approval, etc) designed to limit and stifle the availability of non-drug, alternative modalities. The conspiracy to limit and eliminate competition from non-drug therapies began with the **Flexner Report of 1910**.

**Abraham Flexner** was engaged by **John D. Rockefeller** to run around the country and 'evaluate' the effectiveness of therapies taught in medical schools and other institutions of the healing arts. Rockefeller wanted to dominate control over petroleum, petrochemicals, and pharmaceuticals (which are derived from 'coal tars' or crude oil). He arranged for his company, **Standard Oil of New Jersey** to obtain a controlling interest in a huge German drug cartel called **I. G. Farben**. He pulled in his stronger competitors like **Andrew Carnegie** and **JP Morgan** as partners, while making other, less powerful players, stockholders in Standard Oil. Those who would not come into the fold "were crushed" according to a Rockefeller biographer (W. Hoffman, *David: Report on a Rockefeller* {New York:Lyle Stuart, Inc., 1971} page 24.)

The report Flexner submitted to The **Carnegie Foundation** was titled "Medical Education in the United States and Canada". Page 22 of the report said: "the privileges of the medical school can *no longer be open to casual strollers* from the highway. It is necessary to install a **doorkeeper** who will, by critical scrutiny, ascertain the fitness of the applicant, a necessity suggested, in the first place, but consideration for the candidate, whose time and talents will serve him better in some other vocation, if he be unfit for this, and in the second, by consideration for a public entitled to protection from those whom the very boldness of modern medical strategy equips with instruments that, tremendously effective for good when rightly used, are all the more terrible for harm if ignorantly or incompetently employed".

All too often, politicians are prepared to enact laws that rob citizens of yet another constitutional freedom under the banner of "public protection". Needless to say, congress swallowed the recommendations of this report hook, line, and sinker. It was decided that the **American Medical Association** (AMA), would be the "doorkeeper". The AMA was now empowered to certify or de-certify any medical school in the country on the grounds of whether that school met the AMA's standards of "approved" medicine.

The AMA came into existence in 1847. It is a private organization of allopathic physicians which serves the interests of its members, especially when it comes to influencing favorable legislation. It functions in every sense of the word as a **union**, although its members wear white collars instead of blue. Giving the AMA the power over the certification of medical schools is the equivalent of giving the Teamsters Union the exclusive right to decide on the laws of interstate commerce and transportation. Is it any wonder that the total number of medical schools in the United States went from 160 in 1906 (before the Flexner Report) to 85 in 1920 and further down to 69 schools in 1944? A little like putting the fox in charge of the hen house, no?

Not surprisingly, Flexner 'found' that any discipline that didn't use drugs to help cure the patient was tantamount to quackery and charlatanry. Medical schools that offered courses in bioelectric Medicine, Homeopathy or Eastern Medicine, for example, were told to either drop these courses from their curriculum or lose their accreditation and underwriting support. A few schools resisted for a time, but eventually most schools cooperated (or were closed down). A similar scenario was played out in Canada. It was attempted in England against Homeopathy, but it failed due to the personal intervention of the Royal Family who had received much relief and healing at the hands of Homeopathic healers in the 19th century. By the way, the AMA was found guilty of conspiracy against chiropractors in 1987 by a federal judge and fined a couple of million dollars. Here in America, a relentless campaign of misinformation, fraud, deception, and suppression of alternative therapies and healers has been in place for the better part of this century **in order to keep highly effective alternative therapies from reaching any significant plateau of public awareness**. Control is exerted through "news items" and propaganda from pro-establishment organizations like *The American Medical Association*, *The American Cancer Society*, *The Diabetes Foundation*, etc.; local medical boards; and government agencies like the *FDA*, *The National Institute of Health (NIH)*, and *The National Cancer Institute (NCI)*, *The National Academy of Science*, etc. with the full cooperation of main-stream media of course .

Over the past decades, hundreds of caring, concerned, and conscientious alternative healers have been jailed and abused like common criminals for the "crime" of curing people of life-threatening diseases in an "unapproved" manner by heavy-handed government agents who swoop down on clinics with drawn guns, flax jackets, and Gestapo manners. All the while, these same agents and agencies posture themselves before TV cameras and the public under the ludicrous pretense of being servants of the people and protectors of the common good.

The medico-drug cartel was summed up by J.W Hodge, M.D., of Niagara Falls, N.Y., in these words: *'The medical monopoly or medical trust, euphemistically called the American Medical Association, is not merely the meanest monopoly ever organized, but the most arrogant, dangerous and despotic organization which ever managed a free people in this or any other age. Any and all methods of healing the sick by means of safe, simple and natural remedies are sure to be assailed and denounced by the arrogant leaders of the AMA doctors' trust as fakes, frauds and humbugs. Every practioner of the healing art who does not ally himself with the medical trust is denounced as a 'dangerous quack' and impostor by the predatory trust doctors. Every sanitarian who attempts to restore the sick to a state of health by natural means without resort to the knife or poisonous drugs, disease imparting serums, deadly toxins or vaccines, is at once pounced upon by these medical tyrants and fanatics, bitterly denounced, vilified and persecuted to the fullest extent.'*

(see [The Drug Story](#) for more revelations about the AMA, the House of Rockefeller and the pharmaceutical industry)

At long last, however, the public's consciousness seems to have finally reached a critical mass and is now beginning to seriously question the efficacy and appropriateness of using orthodox therapies and allopathic medicine in general. Thank God. It's been too long overdue.

## Understanding the Nature of Ill Health and Disease

The entire approach and foundation of Orthodox Medicine is based on Luis Pasteur's *Germ Theory*, a flawed concept. A disease condition is viewed by the orthodoxy as an isolated event, confined to the area in which it manifests itself (E.g. an ear infection, eye infection, gum infection, lung cancer, skin cancer, etc. ). Under this theory, *for unknown reasons*, microbes or tumors indiscriminately grow in the patient and must be cut (surgery), burned (radiation), or poisoned (drugs) out of the body. In the orthodox model, the solution is sought through **mechanical** and **chemical** means. Seeking to understand WHY the infection or disease condition appeared in the first place, is not seriously explored. The quick fix with a prescription for drugs to smother the symptoms is the typical orthodox 'answer'.

A contemporary of Pasteur, **Antoine Bechamp**, had a different opinion as to why disease conditions 'took hold'. Bechamp felt that the ENVIRONMENT, or the ECOLOGY of the blood played the critical role in deciding whether disease conditions would manifest or not.

Alternative medicine explores the **stressors** (environmental, biological, chemical, psychological, and emotional) in a patient's life that cause a *weakening* of a particular energy field; which in turn allows the manifestation of a disease condition in a weakened area. In order to maintain a state of health, all energy systems within the body need to exist in a state of **balance** or **equilibrium**. Imbalance leads to conditions of discomfort (dis-ease) which eventually spirals into ill health if not corrected. The Chinese and Indians (Ayurvedic medicine) had worked all of this out **thousands of years** ago.

Orthodox or Allopathic Medicine utilizes poisonous substances (drugs) in non-lethal dosages in order to suppress symptoms in an affected area. *This approach neither addresses the cause of the disease condition, nor is it responsible for healing the patient.* Rather, the use of drugs often will **temporarily mask** the outer manifestations of the malady, while at the same time, drive the disease deeper into the body...**only to reappear at a later date, as a more serious, and chronic health threat.** One of the many flaws of the orthodox approach is that it focuses on the disease condition itself, *rather than the patient.* The term **wholistic** (or holistic) originally sprang up to distinguish those physicians whose diagnostic gestalt considers all of the physical, emotional, and spiritual energies interacting with the patient.

Do not assume that the only difference between allopathic and alternative medicine, however, is an honest difference of opinion in the philosophies and views on the origin of disease states. Hardly!. There is, in truth, a concerted, organized agenda -concocted, planned, and contrived by the international pharmaceutical companies and organized medicine *to suppress any and every alternative, non-drug therapy that WORKS.* Why?

Because they want people to keep on coming back for more treatments and more drugs.

A *cured* patient is a lost source of income. A sick patient who is marginally "improved" is a *manageable* patient.

Managing patients means routine office visits and renewing of drug prescriptions. Therefore, a manageable patient is a continuing source of income; a cash cow if you will. Multiply that by a few hundred million people and you get an idea why this deceit is being put upon you. The profits from the so called "health-care" industry are staggering!

The thrust of the orthodox pharmaceutical agenda is to provide **temporary relief**, while never addressing the **cause** of the disease condition. This agenda insures regular visits to the doctor's office and requires the patient to routinely return to the pharmacy to refill his prescriptions. This is what the game is all about folks, plain and simple. Deny it or Deal with it,...Stick with it or Get Out of it! ... your choice.

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## Natural Healing

The patient's immune system and the immune system alone is responsible for healing and recovery from ill health. **The use of drugs and vaccines represents an assault on the immune system.** In some cases, the use of a particular drug might be a wise choice to speed healing and recovery for the patient, but the use of natural, orthomolecular therapies and substances (substances normally found in Nature) that can more effectively address the cause of the disease should be **considered first** because natural substances work in *harmony with Nature.* They aid and stimulate the body to truly cure itself, without the terrible millstone of drug side-effects.

The human body is predisposed to heal itself and to exist as a healthy, thriving organism. We inhibit that process by ingesting unhealthy foods, fouling our inner environment with toxins, and relying upon poisonous substances to treat disease conditions.

Unlike 'miracle drugs' and other 'drug breakthroughs', you will never see or hear anything from mainstream media about most of the therapies described here. The Big Three see to that, but you can still glean this information from the alternative health press, books, web sites, and at health expos. Some of these alternative therapies require high-tech equipment and specialized knowledge, but many, many others can be done at home without third party intervention or supervision. It's amazing, but true, that **many of the most effective healing therapies** (even for grave, life-threatening disease conditions) are **simple things that you can do for yourself at home.** You simply have to **educate yourself** and **take responsibility** for your own health.

The following is a brief overview of some alternative therapies that have demonstrated themselves to be effective and readily obtainable, usually at a low to modest cost. This list is far from complete. As time permits, the description and scope of these and other therapies will be added to, and expanded upon.

# Oxydative Therapies

## MMS1, MMS2, & CDS Water

Mix equal parts (drops) of **28% Sodium Chlorite** solution and **50% Citric Acid** solution and you get "activated" MMS (*Miracle Mineral Solution*, a name coined by Jim Humble), an incredibly effective and powerful germicidal solution and curative therapy. A very simple, but powerful, oxidizing molecule called Chlorine Dioxide gas, is released when MMS is activated. The chlorine atom is able to pull out FIVE electrons from the outer orbit of the membranes of ALL pathogenic organisms. This causes the immediate death of the organism, but has NO adverse affect on normal bodily tissue. . .

[The Basic Science of MMS \(Chlorine Dioxide\) Sep. 4, 2012](http://educate-yourself.org/mms/chlorinedioxidebasics004sep12.shtml)

<http://educate-yourself.org/mms/chlorinedioxidebasics004sep12.shtml>

[How to Make CDS Water, the World's Most Powerful Germ Killer & Disease Eradicator, at Home ~ For Next to Nothing \(March 15, 2013\)](http://educate-yourself.org/mms/cdsproductionexplained15mar13.shtml)

<http://educate-yourself.org/mms/cdsproductionexplained15mar13.shtml>

[Jim Humble \(MMS\) Newsletter: "Malaria Finally Defeated" \(May 6, 2013\)](http://educate-yourself.org/cn/milariadefeated06may13.shtml)

<http://educate-yourself.org/cn/milariadefeated06may13.shtml>

Oxygen therapies encompass more than the application of regular oxygen (O<sub>2</sub>), although regular oxygen can speed and assist healing; especially when used in higher-than-normal concentrations and under pressure, such as used in **Hyperbaric Oxygen Chambers**. Hyperbaric Oxygen Therapy (HBOT) has been traditionally used for rapid detoxification in acute situations, but it also has shown to be extremely efficacious for new **stroke victims**. It has been found that almost all of the usual conditions (paralysis, slurred/ no speech, etc.) associated with a stroke can be **minimized or eliminated entirely** by subjecting the patient to a hyperbaric oxygen treatment within the first 36 hours of a stroke. The quicker the patient can be treated from the onset of the stroke, the better the results. Even cases started a few days or even weeks after a stroke have shown remarkable results. HBOT has also proven helpful in cases involving other forms of brain damage as well.

## Singlet Oxygen Therapies

Oxygen atoms can be configured into certain quasi-stable arrangements that will allow a single oxygen atom to be released. This atom is called a singlet oxygen (O<sub>1</sub>). For therapeutic purposes, single atoms of oxygen can be released from hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) which breaks down to water (H<sub>2</sub>O) and a singlet oxygen (O<sub>1</sub>), and also from ozone (O<sub>3</sub>), which reduces to oxygen (O<sub>2</sub>) and a singlet oxygen. When a singlet oxygen atom is released within the body, it is **highly reactive** and will oxidize (reduce or break down) the molecular structure of undesirable and harmful organisms (bacteria, foreign proteins, etc.) and diseased tissue (E.g. cancer cells). This high-energy form of oxygen (O<sub>1</sub>) possesses a greatly enhanced healing capacity than that exhibited by regular oxygen (O<sub>2</sub>).

## Hydrogen Peroxide

A bottle of 3% Hydrogen Peroxide is available in any pharmacy for under a dollar and can be used daily to keep the mouth and gums germ-free (always use full strength and try to retain in the mouth as long as possible). It should also be conscientiously applied to disinfect any type of oral infection, cut, sore, or wound that one may encounter. For external use, the drug store variety of hydrogen peroxide is OK, but it does have some low levels of contaminants in it. For internal use, it's wiser to use **Food-grade hydrogen peroxide**. You can make your own 3% hydrogen peroxide by diluting 35% food-grade hydrogen peroxide by a ratio of 10:1 with distilled water. However, that should not stop you from using pharmacy-grade hydrogen peroxide externally - if you are in normal health. People trying to recover from serious diseases such as AIDS or cancer need to be more concerned about ingesting contaminants. 35% Food-Grade Hydrogen Peroxide is available at many farm supply outlets and by mail order. Since it's more concentrated, 35% hydrogen peroxide can produce spectacular results when intelligently applied. Hydrogen peroxide can also be applied either internally as injections (directly into a cancerous tumor for example) or intravenously into the blood stream. If properly diluted, hydrogen peroxide can also be ingested.

## Medical Cartel Sponsored 'Studies'

Of course, you have to know what you're doing. At higher concentrations, H<sub>2</sub>O<sub>2</sub> is powerful and can burn tissue, but look to the alternative health press for information from practitioners who are actually using this therapy. Don't expect an honest assessment from the allopathic crowd. Like most cheap, unpatentable natural solutions, the

pharmaceutical/organized medicine cartel will try to frighten you off from using these therapies with scares stories of exaggerated dangers, omission of relevant data, and insertion of misleading statements.

For example, they will point to rat studies that show increased stomach cancers from ingesting H<sub>2</sub>O<sub>2</sub>. By promoting this 'study', the cartel wants you to draw the conclusion that you will get stomach cancer from injecting hydrogen peroxide without actually saying it. No additional details such as the concentration of the peroxide administered, frequency of dosage, quantity given vis a vis body weight etc., are provided about the 'study' in these press reports-only the bottom line conclusion.

Of course, most knowledgeable researchers know that rat studies don't equate to people studies. Rat studies, in fact, have an extremely limited range of applicability for purposes of human extrapolation. In addition, most studies are funded by pharmaceuticals or government agencies and they have an agenda that has nothing to do with sincere scientific inquiry. Ralph Moss and Linus Pauling are two individuals who come to mind who looked at different cartel sponsored 'studies' and clearly demonstrated that the Big Boys can and will skew a 'study' in any direction they wish it to go. Scientific honesty among cartel sponsored investigative groups is a myth. All medical schools, teaching universities, and government health organizations such as the National Institute of Health (NIH), National Cancer Institute, National Academy of Science, etc., etc. are all under the cartel's propaganda umbrella.

## Ozone

Ozone (O<sub>3</sub>) is composed of three atoms of oxygen lightly bound together. One of those atoms can easily break away and form regular oxygen (O<sub>2</sub>) and a singlet oxygen atom (O<sub>1</sub>). Through oxidation, the singlet oxygen atom is capable of producing amazing healing results. Ozone can be produced with a hot or "cold" spark, with ultraviolet light, or with a method invented by **Nikola Tesla** called **cold plasma** ozone production. The cold plasma method produces **much larger** quantities of ozone and is the preferred means of production for therapeutic purposes. Larger, cold plasma ozone machines can only be legally purchased outside of the United States, but there are underground 'suitcase' size units being manufactured clandestinely in the U.S.. Smaller cold plasma ozone generators, however, are legally available in the U.S. as water purifiers (send e-mail <[Ken Adachi, Editor](mailto:Ken Adachi, Editor)> for more info).

All cold plasma ozone generators can easily produce high quality **Ozonated Water**, which can be ingested as often as desired. The effects of drinking ozonated water on a regular basis can be very healthful. People with serious disease conditions will notice more-pronounced effects in a shorter space of time than those who are in good health, but the benefits of ozonated water are realized by all who use it, whether you have a serious health concern or not. The ozone from the ozonated water passes into the bloodstream via the stomach/small intestines and provides the benefits of ozone without the need for expensive equipment. Some people notice a very slight sensation of light headedness the first time they drink ozone water. It's temporary and usually only happens the first time - if at all. The reaction is due to slightly more oxygen reaching the brain than normal. Ingested daily, ozone water will progressively send ozone into deeper tissues of the body, oxidizing non organic drug residues and hidden, dormant pathogens. You might be surprised to learn that the virus that gave you chicken pox as a child or herpes as a young adult is still hidden deep within the body such as in the nerve ganglion at the base of the spine. Your immune system developed antibodies which normally hold these residual bugs in check, but that doesn't mean that the bugs are gone, as any person who suffers recurrent bouts of herpes will attest. But if you hit them long enough and hard enough with ozone (or certain other alternative therapies), they *will* be gone-for good.

Another useful product that can be applied topically is called **Ozonated Olive Oil**. It is made by bubbling ozone through olive oil for a considerable period of time (weeks) until the olive oil eventually becomes saturated with the ozone molecules and becomes much thicker. Afterwards, the product can be applied as a balm to infected areas and will often greatly promote and/or speed healing.

## Methods of Ozone Application

Medically, ozone can be applied in different ways. One of the oldest methods, used in Germany for over 60 years, is called **Autohemotherapy**. This technique involves removing about a pint of blood, ozonating it, and return it intravenously to the patient. It works, but it's rather limited in the amount of ozone applied.

Another method has the patient hooked up to a dialysis type machine with blood coming out one arm, going through the machine for ozonation, and returned via tubes hooked up to the other arm. You get a lot more ozone into the body with this technique, but the pumping mechanisms used to push the blood around can damage the membranes of the red blood cells somewhat.

A third technique is called **Ozone Injection**. Like its name implies, the ozone is carefully and slowly injected into the patient. Ozone, remember, is composed of oxygen atoms. Oxygen *dissolves* into the blood; it does not form bubbles in the bloodstream like air, which is composed of oxygen and 80% nitrogen. Many ozone specialist prefer this later method, but each of these ozone techniques have their advocates.

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# Alkalinizing pH Therapy

Vernon Johnston was given the typical death sentence for a rapidly advancing prostate cancer that had begun to metastasize to his bones (which the orthodox cancer doctors told him was in stage IV). He ordered some Cesium alkalizing mixture over the internet designed to increase pH, but it didn't arrive in time, so logic told him that Baking Soda should also work for alkalizing his pH. He decided to use black strap molasses as a "carrier" to get it pulled into the cancer cells. He's still alive and cancer free five years later after his 2008 "Dance with Cancer."

[Vernon Johnson Cures Prostate/Bone Cancer with Baking Soda & Black Strap Molasses](http://educate-yourself.org/cn/bakingsodamolassesancercure2008.shtml)

<http://educate-yourself.org/cn/bakingsodamolassesancercure2008.shtml>

[Five year Update on the Vernon Johnston Who Cured Stage IV Prostate Cancer with Baking Soda \(Nov 12, 2013\)](http://educate-yourself.org/cn/vernonjohnstonupdate16oct13.shtml)

<http://educate-yourself.org/cn/vernonjohnstonupdate16oct13.shtml>

## Bioelectro Medicine

There are a number of devices that use **specialized electric fields** to alter the function or condition of targeted tissue, organisms, or cells within the body. These electric fields can be programmed to promote the healing of healthy tissue or inhibit the growth of undesired organisms. Where there are electric fields, there are also **magnetic fields**, usually rotated at 90 degrees to each other. The interplay of the electric and magnetic fields play a role in this therapy, but the frequency, the shape of the wave, the duration and polarity of the pulse, etc., all play into the mix and can make the difference between success or failure depending on the care and attention given to these parameters.

This is not necessarily a new technology. At the turn of the 19th century, **Nikola Tesla** patented many Electro-inventions that demonstrated incredible health-promoting attributes; some of them based on the use of his high frequency, high voltage DC pulse generator circuits which produced a new ether-derived form of energy called **Radiant Energy**. Tesla had even patented a highly efficient cold plasma ozone generator by 1893.

### Dr. Royal Rife

In the late 20's and early 1930's, **Dr. Royal Raymond Rife** from San Diego, California, developed a high powered microscope which he used in conjunction with a frequency generator. Using special UV light, Rife's microscope was capable of 60,000x magnification! This degree of magnification allowed him to observe LIVE virus and bacteria organisms while he applied the **MOR** (Mortal Oscillatory Resonance) frequency from his frequency generator via plasma tube radiation of the energy. He was able to destroy all manner of disease organisms (including cancer related organisms) by merely '*tuning*' the generator to the correct resonant frequency of these organisms and applying the oscillating electric fields via the plasma driven, "Beam Ray Tube". Everything in the universe, living or dead, has its own **resonant frequency**. If you apply this exact resonant frequency to the object or organism, it will begin vibrating until it literally shatters itself. You've all seen the wine glass and the opera singer demonstration. Same deal for microbes.

60,000x magnifications is an unheard of degree of magnification in a light microscope, even by today's technical standards. Today's electron microscope can deliver high magnification, but it can only view DEAD organisms. The ability to view micro organisms in a LIVING state is of great importance to diagnostic and therapeutic goals. This is an extremely important point to understand.

Rife's microscope played no role in the actual destruction of the pathogenic organisms, but it allowed him to view the effects of the electric fields from the Beam Ray Tube upon the organism itself. As Rife adjusted and tuned his frequency generator to the correct frequency, he was able to observe the disintegration of the bacteria, parasite, or virii under the influence of the resonant electro-magnetic fields exerted by the Beam Ray Tube.

At first, Rife's enormous accomplishments were ballyhooed in the press. He was feted and hosted by the local medical elites of the day who were hoping to climb onto the Glory Bandwagon with him and get their mug published in the newspaper as a supporter and cohort of the "man who could finally end cancer". But the *Big Boys* finally caught up with him. I'm referring to the string pullers in organized medicine and the pharmaceutical industry. Needless to say, once word of Rife's success began to spread too wide, he was quickly 'neutralized' by organized medicine and demoralized into obscurity (unending court litigation, charges of quackery, intimidation of financial supporters, the burning down of laboratories, etc...the "usual" routine). His principle persecutor was the head of the American Medical Association and chief editor of the *Journal of the American Medical Association*. His name was [Dr. Morris Fishbein](#) and he never treated a patient in his life. He was motivated more by an unmitigated lust for greed and power, and less by a desire to save lives. Failing to convince Rife to sell him the exclusive rights to his technique and therapy, Fishbein set out to crush Rife with a vengeance. The outrageous injustices against Rife by Fishbein and the medical establishment are explained in great depth in a book by Barry Lynes called *The Cancer Cure That Worked*.

Some of the best books about Rife were written by Barry Lynes (E.g. *The Cancer Cure That Worked*). Dr James Bare of Albuquerque, New Mexico has also published a manual and video on how to build your own Rife device (<http://www.rt66.com/~rifetech/>). See this special page devoted to [Royal Rife links](#) that will bring you to many excellent web sites talking about Rife and his work (<http://educate-yourself.org/cancer/rifelinks.shtml>).

## Geroges Lakhovsky

Another brilliant observer and thinker was the Russian-born engineer, [Georges Lakhovsky](#). Lakhovsky theorized that the genetic filaments stands within the nucleus of a living cell acted as a **coil** and exhibited all the properties properties required of an **oscillator**; namely: *inductance*, *capacitance*, and *resistance*. Lakhovsky postulated that all living cells, **including disease organisms**, could act as both an *emitter and receiver* of very high frequency oscillations.

According to his theory, a state of health or disease was dependent on whether the oscillations from healthy cells were maintained (a state of equilibrium) or were overtaken by the oscillations of disease-causing cells (disequilibrium). He found that he could boost the oscillatory level of weakened cells and overcome disease by attaching a simple coil-shaped 'antennae' to the affected area and leaving it in place. Lakhovsky referred to these antennae as oscillating circuits and they were worn by people as collars, belts, or bracelets. He claimed that his 'antennae' captured and focused *sympathetic waves* from the cosmos (cosmic waves) which *resonated* with harmonics of the fundamental frequency at which the weakened cell oscillated.

Whenever additional oscillating energy (from cosmic waves), of the same frequency or harmonics of that frequency, are introduced into an oscillating circuit (the nucleus of the cell), the oscillations within that cell will be strengthened through a phenomena of physics called **resonance**. According to Lakhovsky, the now-strengthened oscillations emanating from the formerly weakened human cell could now overtake the oscillations of the disease-causing organisms and cause them to diminish in strength and subsequently die off.

Lakhovsky conducted an experiment with plants in 1924 to establish the validity of his theory. He inoculated ten potted geranium plants with a plant disease that causes cancerous tumors. Coiled around the stem of [one of the geraniums](#), he affixed an open ended coil of thick copper wire about 30 cm in diameter. It was held in place by an ebonite stake stuck into the pot. While the other nine inoculated geraniums quickly succumbed to the cancerous disease, the one geranium with the attached coil (the 'antennae') sloughed off the cancerous growth and thrived into [a robust and healthy plant](#). Lakhovsky had similar success when these antennae coils (the 'oscillating circuits' mentioned above) were used with people and animals. He later expanded his research with the development of the **Multi-Wave Oscillator** (explained below).

## Lakhovsky's Multi-Wave Oscillator (MWO)

Geroges Lakhovsky published an extremely important book into French, German, Italian, and Spanish in the 1920's called *The Secret of Life*. Unfortunately, it wasn't available in English until September, 1939-at the very outbreak of World War II. Occupied with the emerging drama of World War II, the book went unnoticed and unreviewed. Thanks to Dr Bob Beck, however, many researchers are today re-discovering Lakhovsky's astounding [Multi-Wave Oscillator](#).

This instrument manufactures a broad range of high frequency pulsed signals that radiate energy into patient via two resonators: one resonator acting as a transmitter and the other as a receiver. The patient sits on a wooden stool in between the two resonators and is exposed to these energies for about 15 minutes. These energies increase the resonance of healthy cells and create disequilibrium in disease organisms. His clinical results created a lot of excitement in Europe where his reputaion quickly spread. You can read more about the MWO on the [Georges Lakovsky](#) page. Interested readers can obtain a spiral-bound reprint of Lakhovsky's 1939 English translation of *The Secret of Life* and *The Waves That Heal* by Mark Clement by [sending me an email](#).

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## Bob Beck Rescues Lakhovsky's MWO from Obscurity

In the early 60's, **Dr Bob Beck** found an original Lakhovsky Multi-Wave Oscillator in the basement of a well known southern California hospital. He took it apart and described exactly how it was built in a series of articles published by *Borderlands* in 1963. After Beck's articles were published, a number of builders began to assemble MWO's and the word started to spread.

Two MWO builders who lived on the west coast, using the information contained in Beck articles, began making and selling a lot of Multi Wave Oscillators. Apparently they worked fairly well because the FDA got word of the MWO's growing popularity and told Beck to come to Washington. Beck and the two builders **were told to stop promoting the MWO and to stop building them**. They were told in no uncertain terms to cease and desist **immediately** ...or else (here in the Land of the Free and Home of the Brave).

Beck and one of the MWO builders, **Ed Skillings**, complied and stopped building them and talking about them, but the second builder, **Ralph Bergstresser**, was determined to keep going, so he actually formed a **church dedicated to the worship of the MWO**. Yes, you read that correctly. And, for a couple of years at least, his 'parishioners' were able to come to church, sit around the MWO-perched high atop an altar, with resonator antennas glowing - and received the 'blessed waves' from the Sacred Oscillator. It helped a lot of church goers, until the 'pastor' was finally thrown into the slammer by the Feds and had his modern version of the Ark of the Covenant hauled away. He got out after a couple of years, but still went on building MWO's anyway (God Bless Ralph), distributing them through underground sources. Many present day owners of properly working MWO's are either using units built by or copies of the "pastor's" work (now why isn't there an *Oscar* category reserved for a guy like that?).

[Spiral-bound re-prints of the Borderlands compilation titled [The MWO Handbook](#), which includes articles and book excerpts from both Georges Lakhovsky and his son Sergie, along with the most comprehensive assembly of Multi-Wave Oscillator constructions plans from Bob Beck and other MWO builders, is available. [Send an email for more details.](#)]

## Blood-Electrification

In recent years, different electro-medicine units have been promoted at health expos and through magazine articles, interviews, books, etc.. One of the more interesting devices is the **blood electrifier** of **Dr Bob Beck**. I've seen laboratory reports and Institutional Review Board studies that seem to clearly support claims made by Dr Bob Beck that his blood electrification device has caused 'complete spontaneous remission' in literally thousands of AIDS patients. Dr Beck discovered the possibilities offered by [blood electrification](#) after reading a short article in **1991** in a journal called **Science News**.

### The Discovery

In the Fall of 1990, two researchers, Drs **William Lyman** and **Steven Kaali**, working at Albert Einstein Medical College in New York City made an important discovery. They found that they could inactivate the HIV virus by applying a low voltage direct current electrical potential with an extremely small current flow to AIDS infected blood in a test tube. Initially, they discovered this in the lab by inserting two platinum electrodes into a glass tube filled with HIV-1 (type 1) infected blood. They applied a direct current to the electrodes and found that a current flow in the range of **50-100 microamperes** (uA) produced the most effective results. *Practically all of the HIV viral particles were adversely affected while normal blood cells remained unharmed.* The viral particles were not directly destroyed by the electric current, but rather the outer protein coating of the virus was affected in such a way as to prevent the virus from producing **reverse transcriptase**, a necessary enzyme needed by the virus to invade human cells. Reverse transcriptase allows the virus to enter a human **T cell** line (called **CEM-SS**) and commandeer the DNA reproduction machinery. After using the host cell to reproduce itself into thousands of new virii, the swollen host cell (now called **syncytia** or giant cell) will burst and spew the contents into the bloodstream or lymph system. This is how the virus spreads, but lacking reverse transcriptase, the HIV virus can't invade the host cell and it becomes vulnerable to destruction by the body's immune system. (The [details of this experiment](#) can be read from Kaali's patent application.)

### Getting the Word Out?

A brief announcement of this discovery appeared in [The Houston Post](#) (Mar 20, 1991), then in [Science News](#) (Mar. 30, 1991 pg. 207) and later in [Longevity](#) magazine: (Dec.1992 pg. 14). Following their work in the Fall of 1990, Kaali and Lyman presented their findings at the First International Symposium on Combination Therapies (an AIDS conference) in Washington DC on March 14th, 1991. Kaali outlined two methods for treating an AIDS patient with this new therapy: One method involved removing a small amount of blood, electrifying it and then returning it to the patient's body. The second method involved sewing a miniature electrifying power supply along with two tiny electrodes directly into the lumen of an artery. For long term treatment, the mini electrifying unit needed to be removed and relocated to a new artery site after 30-45 days since scar tissue and calcification forming around the implant unit would lead to artery blockage. Kaali (along with co-inventor Peter Schwolsky) filed for a patent on this implantable electrifying device on Nov 16, 1990 and nine months later was granted patent [#5,139,684](#) on August 18, 1992. It's interesting to note two things here:

1. In order to obtain a patent from the United States Patent Office, Kaali and Schwolsky had to **prove** that the device **works as claimed**. Lacking solid proof, patents are simply not granted.
2. Very often it takes *years* to obtain a patent, yet this patent was granted in only nine months; a further indication to me of the strength of their proven claims

It's also interesting to note that other than the 3 publications mentioned above and the March '91 AIDS conference, **nothing** again appeared in print, radio, or TV about this important discovery as a potential treatment and cure for AIDS from Kaali and company. Most knowledgeable observers feel that Kaali and Lyman's discovery was intentionally suppressed following the March '91 AIDS conference presentation. If AIDS research was on the level and not the [sham](#) that it actually is, this should have made front page news around the world. By the way, in July (2000), a woman with Mycoplasma Incognitus (Gulf War Illness) E-mailed me and told me (after reading this



story) that she had called Albert Einstein College and spoke directly with Dr William Lyman, one of the co-discoverers of blood electrification. She wanted to know how effective he thought blood electrification would work against mycoplasma. Lyman told her that he had no idea what she was talking about. He denied knowing anything about blood electrification and couldn't give her any information about it at all. Such is the vice grip power of the medical cartel.

## Enter Dr Bob Beck

A man named **Professor Walter Schnitder** drew **Dr Robert C. Beck's** attention to the above mentioned item in *Science News*. Beck looked up the patent and decided to try and duplicate the therapy, but he wanted to do it non-invasively; that is by applying the electric current from outside the body. Now if you apply a direct current (DC) potential to the skin, you're going to get an **electrolysis effect** and that can cause problems, so Beck designed a circuit that varied the voltage with an alternating current (AC) at a very low frequency and avoided the electrolysis problem. The waveform that Beck chose is not the typical sine wave seen in AC household outlets, but rather is a **bi-phasic square wave**. Square waves generate a large number of **harmonics**. Harmonics are frequency multiples of the original frequency. For example, a 4 Hertz (hz) square wave can produce harmonics (with the right equipment) of 8 hz, 16 hz, 32 hz, etc. right up into the *radio frequency* range. Beck finally settled on 3.92 hz as the ideal base frequency and assembled a schematic of the simple square wave oscillator, including a complete parts list. He used short, one inch lengths of stainless steel welding rods with attached wires for electrodes and started to experiment on himself.

Gradually, he began feeling stronger, had more energy and started losing his excessive weight (he was over 300 lbs at the time). After a 7 or 8 months, his weight was down to 150 lbs and he felt better than ever. He went on the lecture circuit, talked for free, and gave the schematic and related construction/protocol information away without charge. AIDS patients, particularly, experienced dramatic reversals of their deteriorating conditions using the blood electrifier, but the unit seemed to help many other conditions as well, whether autoimmune, viral, or bacterial in origin.

## Pulsed, Electro-Magnetic Therapy (PEMT)

Pulsed- low, mid, and high frequency AC signals, when applied to the body, can produce therapeutic electric/magnetic fields. Properly configured, they can also produce **scalar waves**. The special attributes of scalar waves were first described mathematically by **James Clerk Maxwell** in 1873, and later by Nikola Tesla. A certain type of pulsed electro-magnetic field, with their attendant scalar waves, seems to stimulate re-growth and regeneration in injured tissue. Covalent waves (conventional sine waves) do not have the same effect. **Dr Robert O. Becker**, M.D., discusses this phenomena in two of his recent books that deal with electro-medicine: *The Body Electric* (1985) and *Cross Currents* (1990).

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# Nutritional Therapies

## Introduction

"You are what you eat! ". Did your mother ever tell you that? Well, mine did, but I didn't appreciate the wisdom of those words until I approached middle age. Today, I realize that the biggest impediment to enjoying a truly robust state of health is the Standard American Diet (aptly abbreviated, SAD). While we could spend a lot of time on details, a short version of the SAD diet can be summarized as follows: *Refined and processed foods can ruin your health and lower your immunity, setting you up for disease conditions.*

In order to obtain a higher level of immunity and improved health, it's necessary to stop eating processed, refined foods and *start eating whole, unprocessed raw-as-possible vegetables, beans, grains, nuts, sea plants (seaweed), a small amount of fish life if you want animal protein, and lots of pure, clean water.*

## Change Gradually

If you try to change everything about your diet all at once, you won't stick with it. Go slow. Change **one item at a time** and **get accustomed** to the healthier alternative before tackling another.

Start with **soft drinks** (or *soda*). All soft drinks are simply ruinous to your health. *Coke, 7-Up, Pepsi, Sprite, Dr Pepper*, etc. It's ALL GARBAGE and it's RUINING YOUR HEALTH. Read the ingredients on the side of a can of soda. It will usually list 17-24 grams of sugar. That's the equivalent of **6-10 teaspoon of sugar** with each and every 12 oz can that you're guzzling down. When you ingest refined sugar, you lower your body's immunity for **FOUR HOURS**. If you're drinking soft drinks here and there throughout the day, then you're keeping your immunity **suppressed all day long**. People with suppressed immunity seem to easily pick up every bug that's

going around. Have you ever noticed that little connection in people (especially teenagers) who drink sodas all day long?

Another problem with soft drinks is the tremendous amount of PHOSPHOROUS that's contained in them. Large amounts of phosphorous are bad news for the body because they combine with other minerals (like Calcium) and tie them up for eventual excretion. Now calcium is a mineral that your body DOES NEED in large amounts in your bloodstream for daily use. If your soft drink is yanking the calcium out of your blood stream, where does the body get the calcium it needs for everyday jobs? Why, it gets it from your teeth and bones!

Women who are worried about **osteoporosis** would be way ahead of the game by avoiding soft drinks (and excess animal protein), instead of going broke buying calcium supplements at the health food store (which are mostly exiting out the other end anyway).

Replace the soft drinks with WATER. It usually takes a couple of days to break a sugar addiction (oh, you never thought of YOU as being addicted to anything? Well, answer me this: Do you have a CRAVING for soft drinks when you don't have them? If you do, then you are **definitely addicted**). Satisfy your desire for sugar by eating sweet fruit (like bananas) during the adjustment period. Eventually you will come to love drinking water, especially ozonated water. . The more you drink, the better you'll feel. Try it.

*To be continued*

## The Budwig Diet

Germany's 90 year old **Dr Joanna Budwig**, *nominated 6 times for the Nobel Prize*, has made the most remarkable discovery of them all! After 30 years of research, she has found that 2 simple food items: 1. **Flax Seed Oil** (cold-pressed, unprocessed) and 2. **Low Fat Cottage Cheese** will CURE or prevent many forms of cancers and a long list of other degenerative disease including cardiovascular diseases and skin diseases! Unprocessed flax seed oil provides 2 essential fatty acids seriously deficient in the standard American diet: Linolenic and Linoleic acids. These two unsaturated fatty acids have 3 high-energy double bonds (pi-electrons) in their outer electron shells. These fatty acids affect the membranes of animal cells and permit a thousand-fold increase in oxygen transport and assimilation! By substantially increasing the oxidation potential within the cell, Dr Budwig proved what her German predecessor, Dr Otto Warburg, had discovered 30 years earlier: cancer cells cannot survive in an oxygen-rich environment. With sulfur-rich protein and calcium provided by the cottage cheese, all the elements are in place for membrane repair and increased energy transfer. A 2001 news item posted on the Internet from Duke University caught my attention (and ire) claiming to be hot on the trail of a 'new' discovery concerning the anticancer benefits of flax seed oil. I contacted the editor and set him straight on a few historical facts. To recover from cancer, the Budwig Diet needs to be taken in conjunction with a strict, health-promoting diet free of processed, devitalized foods (see the Gerson Therapy below).

## Urine Therapy

In 1945, John W. Armstrong published a book called *The Water of Life, A Treatise on Urine Therapy*. The book explored the difficult-to-accept idea that drinking one's own urine will promote healing and restore health to those afflicted with grave illnesses. Martha Christy also published a book on this topic titled *Your Own Perfect Medicine* in the late 1980's. I highly recommend reading both of them. Christy's approach is more technical and includes injections of prepared urine tissue and taking urine drops under the tongue.

Armstrong's approach is simpler: To resolve life-threatening disease conditions, drink every drop of your own urine and neither eat nor drink anything else until you are completely well!! In his book, Armstrong provides the history of many, many patients with a variety of serious conditions (cancers, massive infections, heart conditions, etc.) who were frequently near The End. In some cases, the patient was so gravely disabled, that he couldn't produce any urine of his own. In those cases, Armstrong would 'jump start' the patient with his own urine. Afterwards, the patient was able to produce a small amount of his own. With each subsequent ingestion of urine, the patient would gain in both strength and relief from pain. For the most serious cases, patients drank nothing but their own urine for periods of 90, 120, 150 days! Some, even longer. Armstrong points out that rubbing the body with old urine (for a substantial period of time, E.g. 1-2 hours) is a necessary adjunct treatment to ingestion in very serious cases. In less severe cases, rubbing with old urine will clear up most skin conditions and produce a smooth, blemish-free skin if applied regularly (ladies, take note). Why this works is explained at length in the books, but briefly the:

1. replenishment of vital tissues lost to the ill patient through the urine and the

2. reingestion, refinement, and re-filtering of antibodies and other immune enhancing substances allows the body to exclusively concentrate on destroying, unclogging, and removing the offending organisms and diseased tissue,

without the burdens of routine work such as digestion and normal detoxification.

Of course, we normally think of both urine and stool elimination as waste, but urine, unlike feces, is totally sterile. Mind you, it's the filtrate of your own blood. Many people in normal health drink urine daily in order to keep their health and maintain physical beauty. Get the books and read them. In the event of survival difficulties, this simple technique can save your life.

Beyond the Urine Therapy Story, I knew I had discovered a trusted and kindred spirit when Armstrong began the book's Introduction with the following words:

"Owing to the increasing part played by vested interests in many branches of human endeavor, not least in the very lucrative providing of remedies for disease, intelligent members of the public, are growing more and more distrustful of orthodox medical methods."

He continued the book's Introduction by asking why, after more than 50 years (as of 1945), can orthodox cancer researchers only offer the knife, radium, or X-rays to address this malignancy after so much time, money, and effort has been expended to discover its cause and cure? The author further inquires, why, after so many letters from doctors testifying to the highly unsatisfactory results of radium treatment (repeatedly published in the *British Medical Journal*), did the Cancer Ring (the Cancer Establishment or Cancer Industry as we would refer to it today) continue to tout radium as the "best" therapy? Finally, why, did the Cancer Research Ring, who "still asks the public to donate large sums of money towards the discovery of a cure", continuously discount and belittle effective treatments for cancer, when those therapies were proposed by practitioners of non-orthodox medicine?

58 years later, nothing much has changed when it comes to the politics of Big Medicine. Today, we know the answers to John Armstrong's questions. Only the most naive and uninformed among us continue to believe the party line spouted by the pharmaceutical/medical establishment and their propaganda flunkies such as the *The American Cancer Society*: "The Cure for Cancer is just around the Corner"; "Get a Checkup and Write a Check"; "The Race for The Cure"; "Marathon to Beat Breast Cancer"; etc. It's pure rot: nothing but lies to bilk the trusting and believing public out of their money and fend the appearance of doing honest research. The promoters and planners of these publicity/fund raising events deserve the greatest possible condemnation for their deceit.

#### Related Articles:

[Orthodox Medicine Has Failed Us \(Oct. 16, 2006\)](http://educate-yourself.org/lte/failuresoforthodoxmedicine16oct06.shtml)

<http://educate-yourself.org/lte/failuresoforthodoxmedicine16oct06.shtml>

[Doctors Are The Third Leading Cause of Death in the US, Causing 250,000 Deaths Every Year](http://www.mercola.com/2000/jul/30/doctors_death.htm)

[http://www.mercola.com/2000/jul/30/doctors\\_death.htm](http://www.mercola.com/2000/jul/30/doctors_death.htm)

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